



## The USABP Conference A Somatic Revolution: The New Generation May 18 - 21, 2023

California Institute of Integral Studies  
San Francisco, California

[www.usabp.org](http://www.usabp.org)

A revolution, cultural or personal is the turnaround of a predominant way of thinking or doing to improve a situation or better oneself. Throughout the Americas, there has been an enduring commitment to revolutionize the systems of power in institutional and personal lives, leading to a recommitment to the humanistic spirit. For somatic psychotherapy in the United States, this means an insistence on a more inclusive somatics that is radically open to change.

As a field, somatic psychotherapy has faced tremendous challenges—in particular, we were challenged to develop our evidence base, which has resulted in our research being included in leading peer-reviewed journals.

Currently, the rise of *affectivism*—the explanatory power of our bodies, emotions, feelings, motivations, moods, and affective processes—has ushered in a new era of advances. However, it has also attracted the therapeutic marketplace which is co-opting somatic embodiment and mining body-mind therapies to appropriate our techniques for effective change. We now see long-established somatic psychotherapy approaches woven into systems that until recently ignored the body. This challenge to our long-standing traditions requires a creative stewardship that will keep our body of knowledge whole, and our openness to change moving us ahead into therapeutic innovations and leadership.

## Call for Submissions

For these reasons, we have chosen the theme *A Somatic Revolution: The New Generation* for our first post-Covid conference.

In support of this theme, USABP invites emerging leaders, scholar-practitioners, and theorists who are interested in advancing the field of somatic psychology to imagine what is possible when we grow beyond the arbitrary divisions and polarized differences of our past. We welcome your solutions to the call towards advancing the tools that help mitigate human suffering and support our shared flourishing and healing potential.

Papers should address one of two formats:

**1. Theoretical Seminars** that highlight how our future honors and builds on our past; seminars that integrate the historical wisdom of somatic psychotherapy with contemporary research.

*Suggested topics include but are not limited to:*

- Advances in somatic psychotherapy technique
- Preservation of historical somatic lineages
- Somatic, social, and ecological justice
- Integration of the social and clinical

**2. Experiential Workshops** that focus on clinical demonstrations.

*Suggested topics include but are not limited to:*

- Group somatic practice
- Repair of the mind-body connection;
- Re-connecting mind, body and the sacred.
- Intergenerational transmission of somatic patterns
- Post-traumatic growth

**3. Poster Presentations** that highlight emerging research in body-mind psychotherapy.

**We welcome a diversity of perspectives and new voices in our community. Members of social groups historically under-represented in our field are encouraged to submit a proposal. All papers should include a biography, abstract, and not exceed 800 words in length.**

**All papers must be submitted by March 1<sup>st</sup>**

Save submission as: Last Name.First Name.Proposal Title

Upload Completed Form Here: <https://www.dropbox.com/request/BZ8J5fSfOFCQA1J4HD0t>